# MERCI HOSKINS

#### EMPLOYMENT HISTORY

**Psychological Associate, Russian River Counselors, Monte Rio, CA** May 2022-Present

* Provide psychological services for a variety of clients including adults, children, and adolescents
* Conduct intake interviews, make psychological assessments and diagnoses, create and update treatment plans, and refer or discharge clients at the conclusion of treatment
* Coordinate treatment with other agencies and other clinicians as necessary
* Keep accurate treatment notes and maintain clients’ charts according to required standards

**Psychology Instructor, Woodland Community College, Clearlake, CA** March 2019 – Present

* Evaluate and develop curricula to organize and deliver instructional lectures for all levels of undergraduate Psychology classes
* Utilize the campus online learning platform, to provide timely and effective student feedback, manage attendance, maintain gradebook, facilitate class discussions, and regularly provide updated information through class announcements
* Assess and report Student Learning Outcomes (SLO’s) in accordance with state standards every semester
* Demonstrate sensitivity to and understanding of the diverse academic, socioeconomic, cultural, disability and ethnic backgrounds of community college students

**Wellness Entrepreneur** 1991 - PresentCalifornia, Utah, Colorado

* *Individual & Group Facilitation*: Developed, coordinated and instructed classes such as Beginning Yoga, Fitness Yoga, and Gentle Stretch Yoga. Offer individualized fitness programs through various regimens both in private home and public gym settings. Worked as both an independent contractor as well as employee based upon the needs and practices of the facility
* *Counseling*: Transformative life coaching to assist individuals in moving towards their personal improvement with a focus on wellness. Emotional coaching emphasized as well as physical. Assisted clients with identifying goals and methodologies to success around life balance, boundaries, and healing
* *Management*: Developed curriculum, public speaking engagements, community outreach and general AR/AP. Contracted with up to four consultants to assist with services including contractual obligations, scheduling and financial obligations
* *Marketing*: Developed and promoted marketing materials for all services, event management, website development and maintenance, and applicable social media

**Mental Health Specialist, Lake County Behavioral Health** March, 2018 – January, 2019

* Aided in the development of the *Access Team’s* organizational systemwhich *c*ontributed to the agency's effort to minimize wait time for mental health services and to ensure that client’s needs were not being inadvertently underserved or neglected
* Conducted telephone and in person interviews with individuals and family members requesting mental health services using standard triage criteria to provide initial assessment and provisional diagnoses
* Served as a liaison to other county agencies and organizations, both locally and out of county, for referrals and continuing care services
* Advised clients on available community resources and aided in connecting with these resources

**Human Resources Director & Accounts Manager, Chatwood, Inc.** January, 1996 – July, 1997Evergreen, CO

* Ensured employee work environment was safe and that all safety procedures and guidelines were followed according to OSHA standards
* Responsible for administering all employee benefit packages and payroll
* Monitored all employee documentation (new hire packages, employee reprimands, worker’s compensation claims, termination reports, unemployment claims, etc.)
* Responsible for all aspects of property managements company’s accounts payable/receivable department
* Maintained financial records for over 1200 apartment units in the Denver area

#### EDUCATION, CERTIFICATIONS, and VOLUNTEER ACTIVITIES

**California Southern University**  Virtual

*Doctorate of Psychology (PsyD)*  2020-present

**Woodland Community College** Virtual

*Introduction to Online Teaching and Learning Course* 2019

**Meridian University** Petaluma, CA

*Masters of Psychology* 2016-2018

**Coach Training Alliance** (CTA) Virtual

*Certified Life Coach* 2015

**Yoga Instructor Certification**

*Yoga Instructor*, 200-Hour Teacher Training 2013

*Yoga, Psyche, Soul Instructor*, 300-Hour Teacher Training 2021

**Purdue University** West Lafayette, IN

*BA Movement and Sports Science* 1988-1992

Graduated Summa cum Laude, Phi Beta Kappa, and Golden Key National Honor Society

*Girl Scout Leader*: Provided leadership, role modeling and educational opportunities for girls ages 7 to 12

*Mindfulness Event Organizer*: Event planning, marketing, coordination and fundraising for 2015 & 2016

*Classroom Volunteer*: Assisted local school district within classrooms for grades kindergarten through fourth grade