

Sabrina Dannels, Psy.D.

P.O. Box 5292, Santa Rosa, CA 95402 Phone (707) 520 - 4050 E-mail: DrDannels@gmail.com

Education

- 2018 Licensed by the California Board of Psychology, License# Psy29988
- 2006-2014 Doctorate in Clinical Psychology
California School of Professional Psychology- Alliant International University,
San Francisco Campus, California
- 2002-2005 San Diego State University, BA, Psychology
- 1999-2002 Diablo Valley College, AA, Liberal Studies

Languages

English is my first language.
Spanish Fluently as second language

Clinical Experience and Volunteer Experience

- 2014 – present Russian River Counselors, Clinical Psychologist
Provide ongoing therapy for clinical concerns issues such as anxiety, depression, stress and anger management, impulse control, work, stage of life, chronic illness, career counseling, grief and loss, trauma history, relationship difficulties, parenting concerns, family conflicts, and areas of abuse
- 2013 – 2014 Highland Hospital, Pre-doctoral intern in the Health Psychology Department
Intakes and brief therapy for adults integrating treatment with mental health issues and medical problems, consultation with patients and medical providers, brief therapy and consultation liaison with the inpatient population.
- 2012- 2013 Women's Community Clinic
Brief therapy with women, Intake appointments to assess need, referrals and follow up as appropriate, crisis intervention, consultation with clients and medical providers.
- 2011 - 2012 Psychotherapy Institute Inc.
Long-term therapy with foster families, children and adolescence,
Intake assessments, Psycho-diagnostic Assessment
- 2008 Psychological Services Center and Hillside High School
Psycho-diagnostic assessment, Individual therapy, Anger management assessment and intervention, Consultation with teachers, Daily check-ins with students
- 2007-2008 Walden House
Short-term therapy in Stabilization Site, Co-leader of DBT/Mindfulness group,
Long-term Therapy in Outpatient site, Co-leader of an STD prevention group,
Co-leader of Dual Diagnosis group
- 2006-2007 Bay Area Women Against Rape
Crisis Hotline Volunteer utilizing active listening skills counseling over the phone,
Assessing crisis intervention, references, providing social support
- 2006-2007 Family Paths
Hotline Volunteer utilizing active listening skills, counseling over the phone,
giving references, CFS reporting, offering call backs
- 2005-2006 Diablo Valley College Puente Mentor Program
Assisting in group activities, providing individual supervision and guidance,
academic advising, career counseling

- 2004 Casa Pacifica Outpatient Clinic
working with Schizophrenic patients on a one on one basis, intake assessment, leading a men's discussion group on daily living skills
- 1996 - 2001 Amor Ministries
Building homes in Tijuana, one week per year as part of a work team. With increasing responsibility each year, held the following positions: Youth Worker, Youth Leader, Work Group Leader, House Leader, Adult Leader

Research Experience

- 2008-2014 Dissertation
A Study of Sexual Attitudes in Heterosexual Women between the Ages of 30-39 with an Emphasis on Attitudes Towards Casual Sex.
Defended 2014.
- 2005 First Author, Research Presentation at the National MMPI Conference and the National APA Conference
Research Design, Conducting Research, Report Writing, Presentation of Findings
- 2004-2005 Clerical/Research Assistant, San Diego State University
MMPI-II scoring and data input, Research Design

Professional Experiences

- 2010 Well Point, Inc. Anthem Blue Cross, Utilization Management Rep I,
Mental Health Behavioral Authorization
Intake authorizing and pre-certifying for mental health services,
Triage for clinician contact, Provide Referrals for specialty care, Liaison for member to proper department or facilities.
- 2009 – 2010 Kelly Services
Maintaining and attending temporary positions as needed
- 2006-2007 Alliant International University, Student Clerk
Filing copying, miscellaneous tasks for a variety of faculty
- 2005-2007 Kaiser Permanente Pediatric Department, Appointment Registration Clerk
Data input, Filing, Appointment cancellation and rescheduling, Register patients, Translating patient/doctor visits. Services also provided to departments: Women's Health, Oncology, Minor Injury Clinic, Ear Nose and Throat
- 2003 - 2004 Appointment Registration Clerk, Scripps WIC
Customer service, Follow up phone calls, Appointment Cancellation and Rescheduling, printing checks, Assisted in a breast feeding classes
- 2001 - 2002 Kaiser Permanente Pediatrics Department, Appointment/Registration Clerk
Patient Services, input data into computer, Appointment cancellation and rescheduling and registration, Translating patient/doctor visits